Meet Tampa’s Instructor

Tom Taylor
BS, CPT

As the full-time instructor for both the day and the evening/weekend program, Tom brings a passion and enthusiasm for fitness to Tampa. Tom also teaches all continuing education seminars.

As a successful business owner and Personal Trainer of Chase Your Dreams Fitness, Tom holds several certifications, including Speedblast, Russian Kettlebell, Osteoblast and Suspension training.

NPTI is Your Home for Continuing Education!

Continuing education workshops are open to anyone looking to expand their knowledge!

Kettlebell Training:
The 300-year-old art of kettlebell training is one of the fastest-growing fitness modalities in the world. Involving balance, coordination, power, endurance, stamina and injury prevention, the kettlebell will expand your exercise repertoire.

Suspension Training:
Once used only in the Olympics, suspension training is a fitness modality that seems to get more popular every day. Utilizing one’s own body weight, an individual can take body-weight training to the next level, with more resistance and balance being incorporated.

Call or check online for specific dates and times of our live workshops.

Find out More

Main Office Hours
Phone: (800) 960-6294
Monday, Wednesday, Thursday: 9:00 am - 7:00 pm
Tuesday, Friday: 9:00 am - 5:00 pm

NPTI Tampa - Office Hours
Phone: (813) 374-2017
Monday - Friday: 10:00 am - 6:00 pm

NPTI Orlando - Office Hours
Phone: (407) 772-0057
Monday - Friday: 8:30 am - 4:30 pm

Websites
www.nationalpti.edu
www.facebook.com/npti.tampa.fl
www.caltas247fitness.com

Tampa Campus
Address:
4811 Sunstate St.
Tampa, FL 33634

Our school is located inside Sun State Plaza, next to Calta’s 24/7 Fitness – a 15,000-square-foot facility, housing all of the equipment necessary to meet the needs of NPTI’s hands-on curriculum.
Why Choose a Career as a Personal Fitness Trainer?

- Employment of fitness trainers is expected to increase 8% from 2014-2024.
  - This is much faster than the average for all occupations.
- Fitness trainers and instructors held about 279,100 jobs in 2014.
- The median annual wage for fitness trainers and instructors was $55,981 in May 2014.
- These workers are expected to gain jobs because an increasing number of people are spending time and money on fitness, and more businesses are recognizing the benefits of health and fitness programs for their employees.

Career Opportunities

- Health Clubs
- Vacation Resorts
- Club Owner
- Private Practice
- Crossfit Centers
- Corporate Programs
- Fitness Centers
- Athletic Teams
- Cruise Ships
- Country Clubs

VA Educational Benefits

The Department of Veteran Affairs (VA) provides education benefits to eligible service members, veterans, and certain dependants and survivors. You may receive financial support for vocational and technical training, licensing, certification tests, apprenticeships, on-the-job training and more.